



COMING APRIL 2020

NURTURING PARENTING PROGRAM (NPP)

Parenting Class Participants will learn:

- Positive ways to handle anger and stress
- Development and the importance of empathy, self-worth, self-awareness, and empowerment.
- Alternatives to spanking.
- Age-appropriate expectations of children's development.

For more information please call AVPH

661-942-4719 x 108 or 178



**FREE ONLINE
PROGRAM!**

****REQUIRES ACCESS
TO THE INTERNET VIA
COMPUTER, LAPTOP,
OR CELL PHONE AND
THE ABILITY TO USE
ZOOM APP**

**GROUP SETTING
(ONLY 15 SPOTS
AVAILABLE)!**

**EVIDENCED BASED
AND
COURT APPROVED!**

**ALL
RESIDENCE OF THE
ANTELOPE VALLEY
ARE WELCOME!**